

FOR IMMEDIATE RELEASE

Holidays Make it Hard to Leave the Old Life Behind

LYNDHURST, N.J. – People in recovery face many sensitive issues, which often make it difficult to have and maintain social activities and relationships with people they associated with before recovery – and the holiday season can make it even more difficult.

Where do you go, how do you meet new people, and how do you just socialize in a comfortable environment when you are in recovery? Leaving old influences behind is a significant challenge, and finding new friends is often even more difficult.

Everyone needs to feel loved and needed, particularly during the holidays. RecoveringMates.com is a simple to use means to bring caring people together who also happen to be in recovery. Recovery is challenging enough, but the added daily struggle of loneliness during the holidays can be devastating.

The founders of RecoveringMates.com found a need and filled it – an on-line introduction service that is friendly to those in all types of recovery. The site itself is easy to use, and it does not cater to people in any one particular program of recovery – alcohol or chemical dependency, co-dependency, overeating, gambling, or any other problem.

“My husband and I met through your site over a year ago, and we just got married last month! Neither of us is perfect, but the strategies and skills we learned through our separate recovery programs have been essential to the success of our relationship,” said Rebecca. Like many in recovery she uses only a first name.

Members of RecoveringMates.com are able to set up a profile for others to see, while maintaining the anonymity that is so important to people in recovery.

“RecoveringMates.com respects your privacy and anonymity,” explained Debbie, one of the founders. “By signing up you are not committing yourself to any specific program. Only you can break your anonymity. RecoveringMates.com is the vehicle in which you can meet.”

It is easy to find members to socialize with on-line and perhaps meet in person wherever you may live, even outside the United States. Even before you become a member you are permitted to do a search of profiles of people in your area using the service.

“I have made new friends who live near me. They are an added support group I would not have had without RecoveringMates.com,” said Jim. “Frankly I do not know what I would do without them.”

RecoveringMates.com is making it easier to deal with loneliness during the holidays and throughout the year.

The web site was started in August 2000 and is owned by Artemis Enterprises of Lyndhurst, New Jersey.

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